

SAUNA POLICY

Our saunas are intended to serve relaxation and health, compliance with regulations is necessary primarily for your comfort, as well as for safety and cleanliness. By purchasing a ticket, you acknowledge the rules and regulations of the sauna.

1. Saunas can only be visited with a valid sauna ticket. The saunas operate during the opening hours of the thermal bath. The entrance ticket, which is only valid for the day of purchase, must be kept until departure for possible verification, or must be presented at the request of the staff.
2. Anyone may use the sauna services at their own risk and responsibility.
3. Saunas can only be used in accordance with the general rules for saunas (sauna etiquette) and at your own risk.
4. Sauna services can only be used as prescribed.
5. Saunas cannot be used by patients with fever or infection.
6. Children under the age of 14 can use the saunas only under parental supervision. Unruly children are not allowed in the sauna area!
7. The use of slippers in the sauna area is mandatory. It is **FORBIDDEN** to bring slippers into saunas, steam cabins and salt rooms! We would like to draw your attention to the fact that the floor in saunas and steam rooms can be very wet, so be aware of the risk of slipping!
8. The use of towels or bed linen is mandatory in the saunas! The use of empty sauna benches is prohibited!
9. For reasons of hygiene, the small pool can only be used after showering.
10. Please report any technical or other problems to the reception or the sauna masters.
11. **IT IS PROHIBITED** in the sauna area:
 - Smoking and alcohol consumption
 - Food consumption
 - All activities that do not fall within the scope of Saunavilág services, are against the law or violate public morals
 - Taking any dangerous and flammable substances and/or objects (explosives, pyrotechnic devices, weapons) or animals
 - Disturbing the peace of our guests through noise or inappropriate behavior
 - Splashing any liquid, chemical substance, even sauna oil, on the person taking the sauna, splashing them in the sauna or pouring the sauna charcoal on them,
 - Wearing jewelry and glasses, as they can cause burns,
 - Photography and video recording.
 - Intake of own essential oil, as well as salt, honey and other substances.
12. Sauna services can only be used during business hours. (unless the operator has issued prior permission to the contrary)
13. Guests in the sauna area are obliged to leave the area on time, 30 minutes before the closing time, taking into account the closing time.
14. During the sauna programs, only the person with a valid sauna ticket and the sauna master can stay in the sauna. The sauna program is indicated by a sign at the entrance to the sauna.
15. Our colleagues have the right to warn the guest if the points of this policy or the generally accepted rules of behavior are ignored and, in case of ineffectiveness, to ask the guest to leave. In cases where employees in the sauna area exceed their authority to take action, they have the right to request the help of management, the police or other

authorities, whose instructions must be cooperated by all involved. The expelled guest who violates the rules cannot make any claim against the operator.

16. Respect for order and cleanliness in the sauna area is mandatory for all Guests, respect for other Guests and civilized behavior are basic expectations.
17. Herpály Vagyongkezelő Kft. assumes no responsibility for damages caused by non-compliance with house rules or irresponsible behavior of guests. They also take no responsibility for items left in the sauna area and lockers.
18. The longest continuous stay in saunas and steam rooms recommended for healthy people is 8-15 minutes. You can stay in infrared saunas and salt cabins for a maximum of 30-60 minutes. Children under 14 can also use the salt cabin, but only under constant parental supervision.
19. The use of saunas and steam rooms is contraindicated in cardiovascular and respiratory insufficiency, cancer, incontinence, acute inflammatory diseases, acute kidney diseases, tuberculosis, thrombosis, severe varicose veins, infectious diseases, increased thyroid function, epilepsy, cardiac arrhythmia, fever. disease, in case of untreated hypertension, exhaustion.
20. 20. The sauna may not be used by anyone who commits or has committed the offense of disorderly conduct (§271 of the Civil Code) or the offense of indecent assault (§208 of the Civil Code), or who may or has previously been a burden to others for various reasons. The act falling under this subsection also attracts a police procedure.
21. 21. Please notify the staff immediately of any extraordinary event (bodily injury, presence of an accident-prone device or object).
22. 22. We would like to draw your attention to the fact that, for reasons of guest traffic, in the event of a technical fault or malfunction, the thermal bath may suspend the operation of the saunas and the steam room, or part of them. Therefore, the spa does not accept compensation. At the entrance, we inform our dear guests about the services currently operating in the world of saunas.
23. The emergency alarm can only be activated in case of illness or emergency.
24. In other matters the governing body is the general policy.
25. Bihar Termáliget Spa Management may amend or supplement these regulations at their discretion.
26. This sauna regulation is available free of charge and can be reviewed on the territory of the saunas by all Guests using the services. Use of the Services means acceptance of the policy at the same time!

CUSTOMERS ARE REQUESTED TO RESPECT THESE REGULATIONS.